

Teen Activities

(Crossroads Area)

Activity	City	Contact	Ages
Mountain Biking Team	Eagle Mountain / Saratoga	Facebook: Rolling Thunder MTB Team Jake Weber (801) 592-1348	12+
Scouting	Eagle Mountain / Saratoga	Boy scouts of America www.utahscouts.org	12+
Job	Eagle Mountain / Saratoga	Sign Shaker - Various home builders / businesses	14+
Jobs	Eagle Mountain / Saratoga	Many fast-food restaurants / Businesses	16+
Job	Eagle Mountain / Saratoga	Start a dog walking business	12+
Job	Eagle Mountain / Saratoga	Mow lawns	12+
Job	Eagle Mountain / Saratoga	Babysitting	12+
Church Youth Programs	Eagle Mountain / Saratoga	Various Churches in area	12+
Skills USA	Eagle Mountain / Saratoga	All High Schools	16+
Job	Eagle Mountain / Saratoga	"Sweeper" www.alpineschools.org/employment	16+
Youth Golf Camp	Eagle Mountain	Ranches Golf Coarse www.theranchesgolfclub.com	12+
Volunteer	Eagle Mountain	Eagle Mountain City Youth Counsel www.eaglemountaincity.org	14+
Volunteer	Eagle Mountain	Friends in Need Animal Rescue Shelter www.friends-in-need.org	14+
Volunteer	Eagle Mountain	Youth City Library Vollunteer 801-789-6623	14+
Shooting	Eagle Mountain	Scholastic Clay Shooting Program (801)540-2466	12+
Dance Classes	Eagle Mountain	Fire and Ice Dance Studio www.fireandicedance.com	12+
Many many clubs	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Volley Ball	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Drill Team	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Cheer Leading	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Basket Ball	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Track	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Band	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Choir	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Drama	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Student Government	Eagle Mountain	Rockwell High School www.rockwellhigh.net	12+
Karate	Eagle Mountain	Kirk Flora's Taekwando www.tkdinstitute.com	12+
Karate	Eagle Mountain	Facebook: Jaguar sport Karate 801-789-7668	12+
Karate	Eagle Mountain	Precision Martial Arts 801-203-0560	12+
Cycling Club	Eagle Mountain	Flying Pig Cycles Club 801-244-7180	12+
Youth Sewing Classes	Eagle Mountain	Loopstitches Sewing Academy www.loopsnstitches.com	12+
Music Lessons	Eagle Mountain	The Music Stop (801) 789-5600	12+
FFA Program	Eagle Mountain	Frontier Middle School (801)610-8777	12+
City Jr. Jazz Basketball	Eagle Mountain	Eagle Mountain City Youth Sports www.emcity.org	till 14
City Baseball	Eagle Mountain	Eagle Mountain City Youth Sports www.emcity.org	till 14
City Soccer	Eagle Mountain	Eagle Mountain City Youth Sports www.emcity.org	till 13
City Flag Football	Eagle Mountain	Eagle Mountain City Youth Sports www.emcity.org	till 18
City Tackle Football	Eagle Mountain	Eagle Mountain City Youth Sports www.emcity.org	till 14
Drama	Eagle Mountain	Frontier Middle School (801)610-8777	till 15
Basket Ball	Eagle Mountain	Frontier Middle School (801)610-8777	till 15
Choir	Eagle Mountain	Frontier Middle School (801)610-8777	till 15
Track	Eagle Mountain	Frontier Middle School (801)610-8777	till 15
Dance Classes	Eagle Mountain	In Motion Dance Studio www.motiondancestudio.com	till 18

Teen Activities

(Crossroads Area)

Hip Hop	Eagle Mountain	In Motion Dance Studio	www.motiondancestudio.com	till 18
Cheer Classes	Eagle Mountain	In Motion Dance Studio	www.motiondancestudio.com	till 18
Zumba	Eagle Mountain	In Motion Dance Studio	www.motiondancestudio.com	till 18
yoga	Eagle Mountain	In Motion Dance Studio	www.motiondancestudio.com	till 18
Volunteer	Saratoga Springs	Saratoga Springs Youth Counsel	www.saratogaspringscity.com	14+
Karate	Saratoga Springs	Bobby Lawrence Karate	801-768-9606	all
Karate	Saratoga Springs	United Studios of Self Defence	(801) 766-6760	all
Karate	Saratoga Springs	Bushi Ban karate	(801) 376-1132	all
Volunteer	Saratoga Springs	Youth City Library Vollunteer	(801)766-6513	14+
Job	Saratoga Springs	Youth City Sports Referee	Jennifer 801-753-8264	14+
Hip Hop	Saratoga Springs	Ultimate Dance Etc.	www.ultimatedanceetc.com	12+
Dance Classes	Saratoga Springs	Saratoga Performing Arts	(801) 766-6779	all
Youth Golf League	Saratoga Springs	TalensCove Junior Golf League	www.talonscove.com	13 - 18
Volunteer	Saratoga Springs	Hoofbeats to Healing	www.hoofbeats.us	12+
Football	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Volley Ball	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Cross Country	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Golf	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Soccer	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Tennis	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Basket Ball	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Wrestling	Saratoga Springs	Westlake High School	whs.alpineschools.org	all
Swim	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Dance Team	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Cheer	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Baseball	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Softball	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Track & Field	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Band	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Drama	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Orchestra	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Choir	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Ballroom	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
Many many clubs	Saratoga Springs	Westlake High School	whs.alpineschools.org	15- 18
FFA Program	Saratoga Springs	Frontier Middle School	(801)610-8770	all
Drama	Saratoga Springs	Frontier Middle School	(801)610-8770	till 15
Basket Ball	Saratoga Springs	Frontier Middle School	(801)610-8770	till 15
Choir	Saratoga Springs	Frontier Middle School	(801)610-8770	till 15
Track	Saratoga Springs	Frontier Middle School	(801)610-8770	till 15
City Jr. Jazz Basketball	Saratoga Springs	Saratoga Springs City Youth Sports	www.saratogaspringscity.com	till 14
Volunteer	Lehi	Lehi Literacy Center	(801) 407-1025	12 +
4-H After-school Program	Lehi	Willow Creek Middle School	Kimberli Russell 801-369-0940	till 15
Gymnastics	Lehi	Lehi Legacy Center	www.lehi-ut.gov	all
Gymnastics	Lehi	Jump Up Gymnastics	Jumpupgym.com	all
Club Soccer	Lehi	Arsenal SC Club Soccer	www.utaharsenalsc.net	all

Teen Activities

(Crossroads Area)

Gymnastics	Lehi	Gym Cats at the Point	www.gymcatspoint.com	all
Job	Lehi	Summer Parks Youth Laborerhttp	www.lehi-ut.gov	16+
Job	Lehi	Ballpark Concession worker	www.lehi-ut.gov	16+
Job	Lehi	Lifeguard	www.lehi-ut.gov	16+
City Baseball	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	till 14
City Jr. Jazz Basketball	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	all
City Flag Football	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	till 15
City Indoor Soccer	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	till 15
City Outdoor Soccer	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	all
City Softball	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	all
City Volleyball	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	all
City Wrestling	Lehi	Lehi Legacy Center Youth Sports	www.lehi-ut.gov	till 15
Band	Lehi	Lehi High School	lhs.alpineschools.org	13+
Baseball	Lehi	Lehi High School	lhs.alpineschools.org	13+
Basket Ball	Lehi	Lehi High School	lhs.alpineschools.org	13+
Cheerleaders	Lehi	Lehi High School	lhs.alpineschools.org	13+
Choir	Lehi	Lehi High School	lhs.alpineschools.org	13+
Cross Country	Lehi	Lehi High School	lhs.alpineschools.org	13+
Dance Company	Lehi	Lehi High School	lhs.alpineschools.org	13+
Football	Lehi	Lehi High School	lhs.alpineschools.org	13+
Golf	Lehi	Lehi High School	lhs.alpineschools.org	13+
Orchestra	Lehi	Lehi High School	lhs.alpineschools.org	13+
Drill Team	Lehi	Lehi High School	lhs.alpineschools.org	13+
Rodeo	Lehi	Lehi High School	lhs.alpineschools.org	13+
Soccer	Lehi	Lehi High School	lhs.alpineschools.org	13+
Softball	Lehi	Lehi High School	lhs.alpineschools.org	13+
Student Government	Lehi	Lehi High School	lhs.alpineschools.org	13+
Swimming	Lehi	Lehi High School	lhs.alpineschools.org	13+
Tennis	Lehi	Lehi High School	lhs.alpineschools.org	13+
Track	Lehi	Lehi High School	lhs.alpineschools.org	13+
Volley Ball	Lehi	Lehi High School	lhs.alpineschools.org	13+
Wrestling	Lehi	Lehi High School	lhs.alpineschools.org	13+
Many many clubs	Lehi	Lehi High School	lhs.alpineschools.org	13+
Club Soccer	American Fork	Utah Surf Club Soccer	www.utahsurfsoccer.com	all
Volunteer	American Fork	American Fork Hospital(Jr. Volunteer)	Sharon (801) 855-3506	14 +
Skateboarding Camp	American Fork	Spocks Skate Camp	www.spocksskatecamp.com	till 16
BMX Racing	South Jordan	Rad Canyon BMX	www.radcanyonbmx.com	all